## **Anxiety is higher in the Hispanic community around:**

☐ Personal Finances: 70% vs. 58% of all adults

☐ Mental Health: 45% vs. 37% of all adults

☐ Relationships with friends & family:

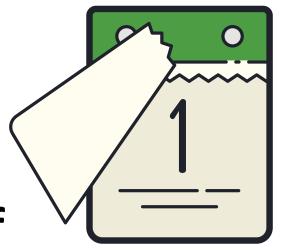
40% vs. 28% of all adults

**☐** Job security: 42% vs.27% of all adults

\*Results based on The American Psychiatric Association's (APA) Healthy Minds Monthly, a poll conducted by Morning Consult (Dec. 2021)



More than 1/3 (35%) of those who identified themselves as Hispanic said they plan to make a mental health resolution (vs. 26% of all adults).



\*Results based on The American Psychiatric Association's (APA) Healthy Minds Monthly, a poll conducted by Morning Consult (Dec. 2021)

